

**प्रदेश लोक सेवा आयोग**  
**प्रदेश नं. ५, बुटवल, रुपन्देही**  
**प्रदेश स्वास्थ्य सेवा, जनरल नर्सिङ समूह, सातौं तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाका**  
**पाठ्यक्रम**

**द्वितीय पत्र :- जनरल नर्सिङ सम्बन्धी विषय**

**Section A - 20 Marks**

**1. Advanced Nursing** **10%**

- 1.1 Developmental tasks of different age groups
- 1.2 Problem solving approach in care of patient
- 1.3 Application of holistic approach in care of patient
- 1.4 Advancement in the diagnostic procedures for different illnesses
- 1.5 Case study and case presentation

**3. Nursing care of geriatric and Communicable diseases** **10%**

- 3.1 Physiological changes and common physical problems.
- 3.2 Common medical problems
- 3.3 Cognitive changes and diagnostic methods in use.
- 3.4 Support system / family support / community support.
- 3.5 Mental preparation for adaptations to changing needs.
- 3.6 Water borne diseases
- 3.7 Air borne diseases
- 3.8 Vector transmission
- 3.9 Sexual Transmitted Infection (STI)
- 3.10 Trans placental diseases

**Section B - 30 Marks**

**2. Medical Surgical Nursing (Adult+ Child ) Nursing Care & Management of clients suffering with diseases related to following systems** **30%**

- 2.1 Respiratory problems
- 2.2 Cardiovascular problems
- 2.3 Neurological problems
- 2.4 Muscular-Skeletal problems
- 2.5 Hepatobiliary problems
- 2.6 Endocrine problems
- 2.7 Gastrointestinal problems
- 2.8 Reproductive problems
- 2.9 Genital urinary problems
- 2.10 Special Senses problems

**Section C - 20 Marks**

**4. Nursing Management of Patient in Burn Unit and Operation theater** **10%**

- 4.1 Pain Management
- 4.2 Fluid & electrolyte balance
- 4.3 Infection preventions
- 4.4 Reconstructive / Rehabilitation.
- 4.5 Preparation of Operation Theater
- 4.6 Pre and Post Operation Theater care

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**5. Role of the Nurse in ICU/ CCU and Emergency Nursing 10%**

- 5.1 Advance nursing
- 5.2 Management of clients with critical conditions / cardiac conditions
- 5.3 Resuscitation
- 5.3 Use of various monitor
- 5.4 Specific Investigation and treatment.
- 5.5 Emergency preparedness
- 5.6 Emergency Resuscitations
- 5.7 Mass casualty management

**Section D - 30 Marks**

**6. Obstetric Nursing (Midwifery) 30%**

- 6.1 Parental Nursing
  - 6.1.1 Preconception and parental Preparedness
  - 6.1.2 Prenatal assessment and management
  - 6.1.3 Preparation of child birth
  - 6.1.4 Management of High risk pregnancy
- 6.2. Intra- natal (Labor)
  - 6.2.1 Assessment of client during Labor
  - 6.2.2 Care required during different stages of Labor
  - 6.2.3 Immediate care of new born / mother
  - 6.2.2 Management of complications of labor.
- 6.3 Newborn / Neonate Management
  - 6.3.1 Assessment of newborn
  - 6.3.2 Physiological needs of a newborn & neonate
  - 6.3.3 Management of minor / major disorders.
- 6.4 Post Natal
  - 6.4.1 Physiology of puerperium & need of post natal mother.
  - 6.4.2 Lactation & trends in breast feeding
  - 6.4.3 Minor discomforts in puerperium & their management
  - 6.4.4 Major disorders of puerperium & their management.
  - 6.4.5 Follow up and advice on Family Planning (F/P)

द्वितीय पत्रको एकाईहरूको प्रश्नसंख्या निम्नानुसार हुनेछ

द्वितीय पत्रका खण्ड	A		B	C		D
द्वितीय पत्रका एकाई	1	3	2	4	5	6
प्रश्न संख्या	1	1	3	1	1	3